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IRS CULTURAL SUPPORT WORKER
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I HAVE BEEN WORKING WITH WESTERN CREE AS THE INDIAN RESIDENTIAL SCHOOL CULTURAL SUPPORT WORKER SINCE MARCH 30, 2018. PREVIOUSLY, I WORKED AT THE STURGEON LAKE HEALTH CENTRE FOR 11 YEARS AS RECEPTIONIST, MEDICAL TRANSPORTATION CLERK, ADMINISTRATIVE ASSISTANT AND AS ACTING HEALTH DIRECTOR. I HAVE GAINED A MULTITUDE OF SKILLS THAT HELPED ME GROW AS AN EMPLOYEE FOR THE NATION OF STURGEON LAKE.

I DECIDED I WANTED TO TRY SOMETHING NEW AND WAS HIRED AS THE IRS CULTURAL SUPPORT WORKER FOR THE 3 NATIONS OF STURGEON LAKE, HORSE LAKE AND DUNCAN'S.

I WORK WITH RESIDENTIAL SCHOOL SURVIVORS, DAY SCHOOL SURVIVORS, SIXTIES SCOOP AND MISSING AND MURDERED INDIGENOUS WOMEN AND GIRLS PROGRAMS, INCLUDING INTERGENERATIONAL TRAUMA. I ASSIST WITH FORM FILLING, PHONE CALLS, FAXING, EMAILING, FOLLOW UP FOR CLIENTS AS NEEDED, EMOTIONAL SUPPORT, REFERRALS, SECURING RESOURCES AND MENTAL HEALTH SUPPORT. IF CLIENTS NEED OR WANT, THEN I CAN HELP FIND A TRADITIONAL HEALER. I AM NOT A MENTAL HEALTH THERAPIST BUT I AM THERE TO LISTEN AND TO HELP IN ANY WAY I CAN. I DID A LOT OF TRAVELLING TO THE 3 NATIONS BUT SINCE COVID, NOT SO MUCH LATELY.

I AM STATIONED IN STURGEON LAKE BUT WILL TRAVEL TO THE NATIONS AS SCHEDULED AS SOON AS IT IS SAFE TO DO SO. AS WELL, I WILL BE LOOKING TO TRAINING FOR MY CRISIS SUPPORT CERTIFICATION. ONCE THIS IS COMPLETE, I WILL BE ON CALL ON AN AS NEEDED BASIS FOR ALL 3 RESERVES. MY POSITION IS TO ADDRESS THE MENTAL HEALTH CONCERNS AFFECTING SURVIVORS, FAMILY MEMBERS AND THOSE AFFECTED BY THE ISSUE OF IRS/MMIWG/DAY SCHOOL/SIXTIES SCOOP IN A COMMUNITY-BASED, CULTURAL STYLE. I ALSO COORDINATE HEALING SESSIONS FOR SURVIVORS, FAMILY MEMBERS AND THOSE AFFECTED BY THE ISSUE OF IRS/MMIWG/DAY SCHOOL AND SIXTIES SCOOP.

I HAVE MADE NEW FRIENDSHIPS AND POSITIVE WORK RELATIONS ON THE 3 RESERVES WITH THE PROGRAM. I WILL CONTINUE TO WORK FOR THE WELL BEING OF MY CLIENTS USING THE FOUR QUADRANTS OF THE MEDICINE WHEEL; MENTAL, PHYSICAL, EMOTIONAL AND SPIRITUAL.

LETS PRAY COVID DOES NOT TAKE ANYMORE AWAY FROM US ALL, STAY SAFE, STAY HEALTHY

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